

Implementation Timeline for Nutrition Standards

National School Lunch Program and School Breakfast Programs

New Requirements	Implementation School Year for NSLP (L) and SBP (B)						
	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2022/23
Fruit Component							
• Offer fruit daily	L	B					
• Fruit quantity increase to 1 cup daily <small>(all grades)</small>			B				
• No more than half of the weekly offering of the fruit component may be juice	L		B				
Vegetable Component							
• Offer vegetables subgroups weekly	L						
• In order to count starchy vegetables, must serve 2 cups of vegetables from other, dark green, red/orange and/or bean peas subgroups in same week			B				
Grains Component							
• Half of grains (oz/eq) are whole-grain rich	L	B					
• All grains (oz/eq) are whole-grain rich			L, B				
• Offer weekly (min/max) ranges	L	B <small>(L,B-Flexibility on maximums)</small>					
• Batter/Breading counted toward grain		L, B					
• Food Buying Guide, Exhibit A <ul style="list-style-type: none"> ◦ “Enriched”/”Whole Grain” columns ◦ “Whole Grain” column only 	L, B	L,B					
Meat/Meat Alternates (M/MA) Component							
• Offer weekly (min/max) ranges	L	<small>(L-Flexibility on maximums)</small>					
Milk Component							
• Offer only fat free (unflavored or flavored) and low-fat (unflavored) milk	L, B						
Dietary Specifications (to be met on average over a week)							
• Calorie Ranges	L	B					
• Saturated Fat limit (no change)	L,B						
• Sodium Targets <ul style="list-style-type: none"> ◦ AZ Target (2mg/cal) ◦ Target 1 ◦ Target 2 ◦ Final Target 	L	L, B	L, B			L, B	L, B
• Zero grams of <u>trans</u> fat per portion	L	B					
Menu Planning							
• A single Food Based Meal Pattern approach	L	B					
Age-Grade Groups							
• Establish age/grade groups K-5, 6-8, 9-12	L	B					
Offer vs. Serve							
• Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)	L		B				
Monitoring							
• 3 year Adm. Review Cycle		L,B					
• Conduct weighted nutrient analysis on 1 week of menus	L	B					
• Certification for 6 cents	L, B						
• Validation Reviews <small>(Ends 6/30/13)</small>	L, B						

Updated 7/3/13. Based on USDA Implementation Timeline for Final Rule. Updated due to guidance found in memorandum HNS#07-13: Child Nutrition Reauthorization 2010: Q&A on Final Rule Nutrition Standards in the NSLP SBP (Revised 1/25/13).

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